

MEDICAL FEATURES OF LIGHTNING INJURIES

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IDIMEC

- Introducción
- Trauma and Prevention
- Mechanism of lightning injury (LI)
- Medical features
- Lightning deaths in Colombia
- First Aid

Introduction

Traumatic injuries \approx lightning injuries: Are preventable.

Goal: Reduce the incidence of injury and death

Development and implementation of prevention programs

Trauma Definition.

The exposure to some source of energy (mechanical, electrical, thermal, radiation or chemical) in an intensity exceeding the tolerance level of the host.

¡¡ Lightning injuries \approx traumatic injuries !!

It's not High-Voltage injury.

TABLE 5-1 Lightning Injuries Compared with High-Voltage Electrical Injuries

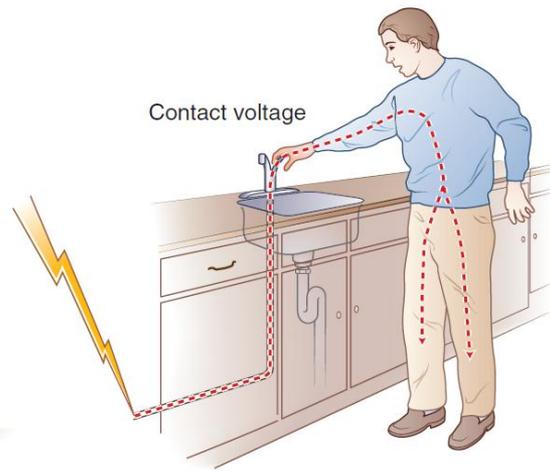
| Factor | Lightning | High Voltage |
|------------------|---|------------------------------------|
| Energy level | 30 million volts (V), 50,000 amperes (A) | Usually much lower* |
| Time of exposure | Brief, instantaneous | Seconds |
| Pathway | Flashover, orifice | Deep, internal |
| Burns | Superficial, minor | Deep, major injury |
| Renal | Rare myoglobinuria or hemoglobinuria | Myoglobinuric renal failure common |
| Fasciotomy | Rarely if ever necessary | Common, early, and extensive |
| Blunt injury | Explosive thunder effect | Falls, being thrown |



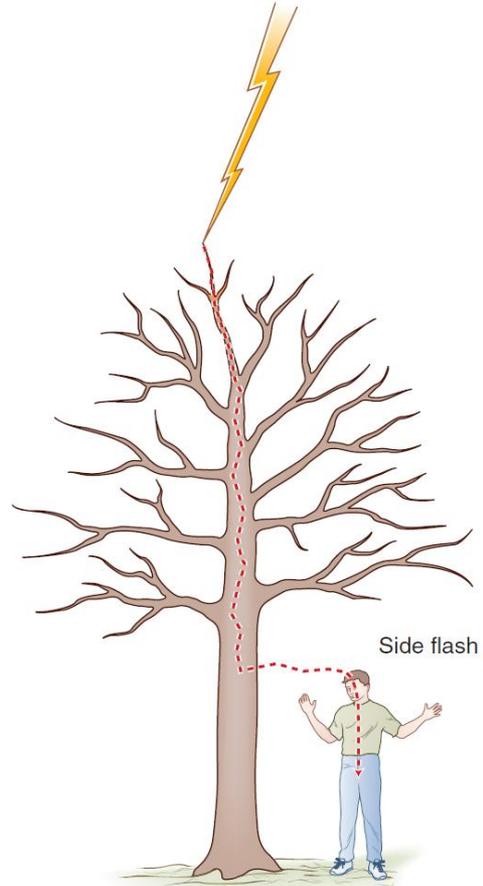
Mechanisms of LI.



A Direct strike



B



C

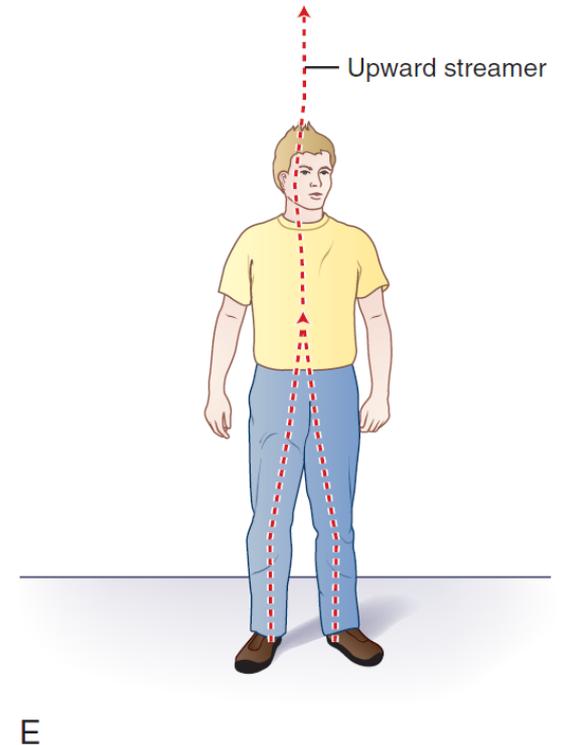
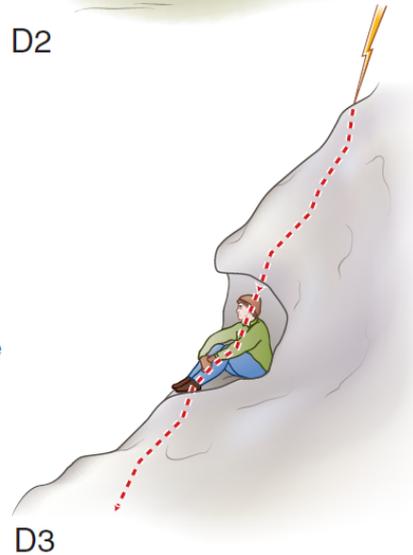
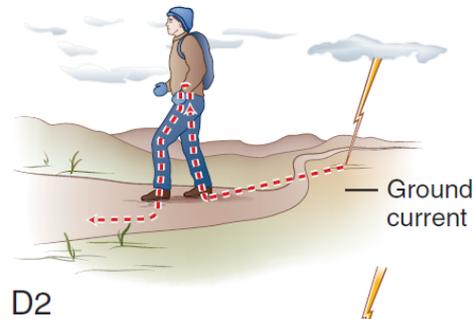
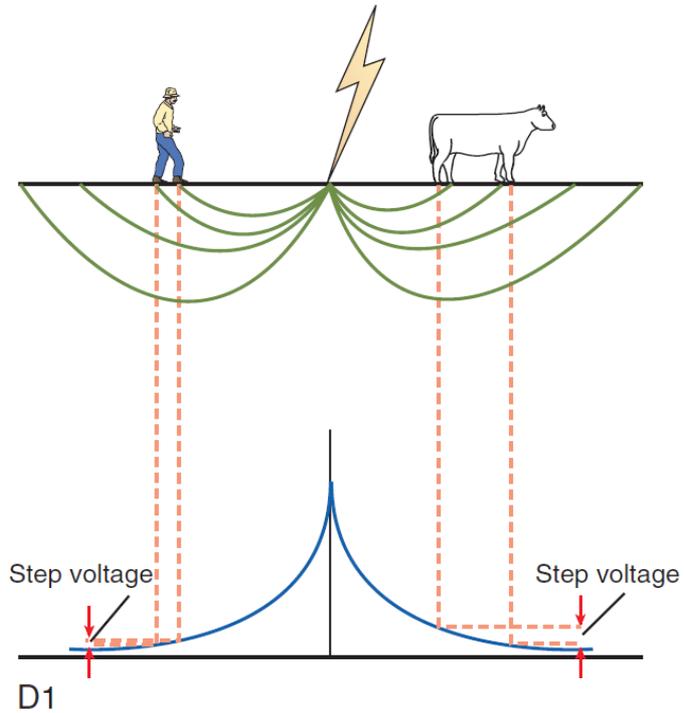
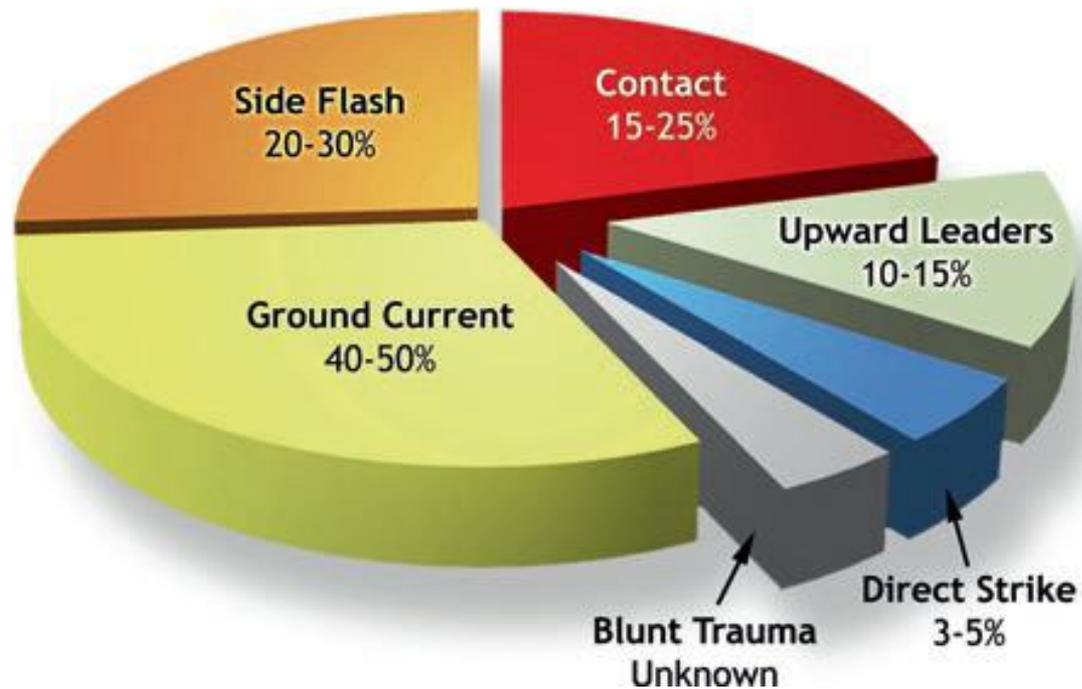
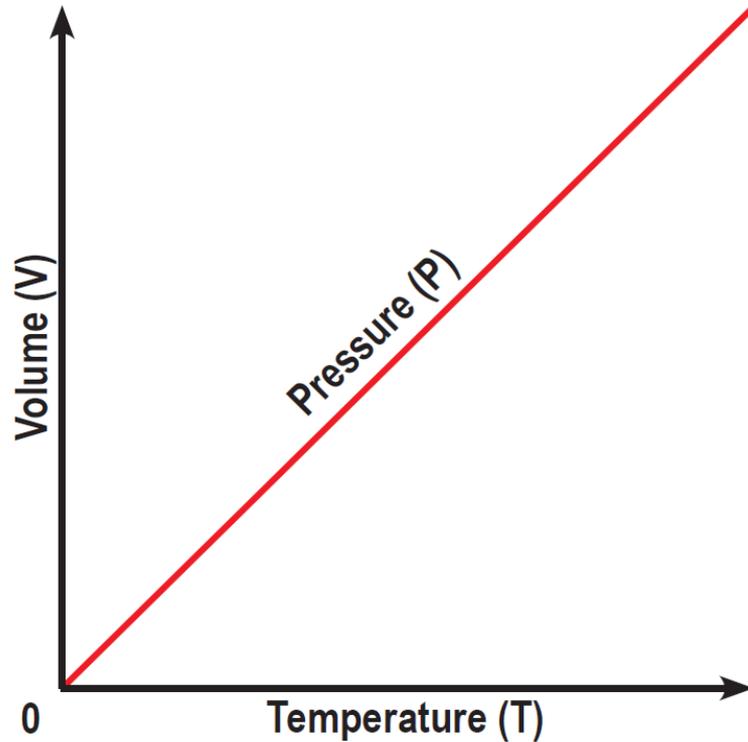


FIGURE 5-24 Mechanisms of lightning injury. **A**, Direct. **B**, Contact. **C**, Side splash/flash. **D1**, Ground current through the earth. **D2**, Ground arcing. **D3**, Ground arcing cave. **E**, Upward streamer.

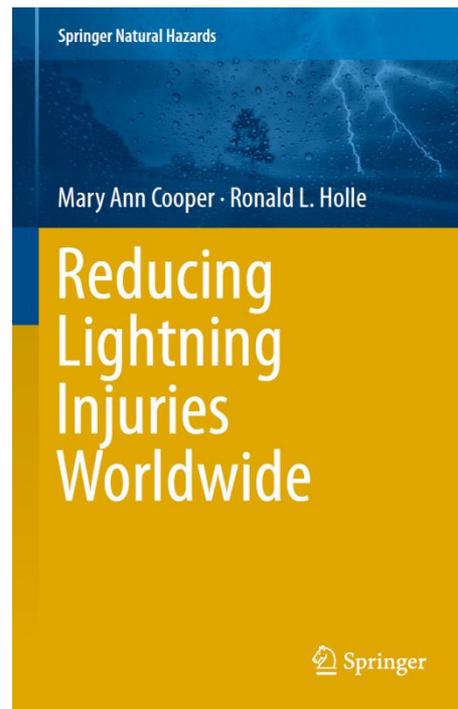
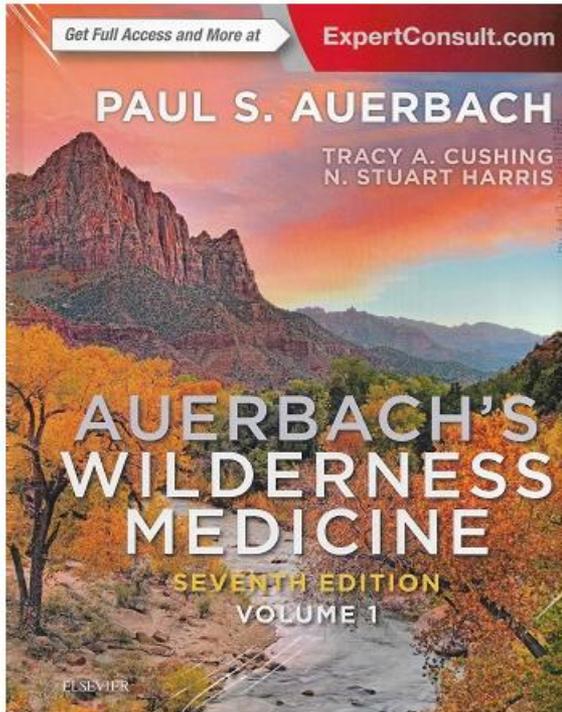
Trauma Definition.



Non-electric mechanism.



Medical features.



Los efectos del rayo

Efectos del impacto del rayo en el cuerpo humano

Pérdida de la conciencia, amnesia temporal o total

Paro cardíaco

Pérdida de la capacidad de sentir frío

Quemaduras severas

El rayo busca salida por las extremidades del cuerpo

Efectos en el cuerpo humano a menos de 120m del lugar de impacto

Lesiones en la retina

Rotura del tímpano

Lesiones pulmonares y óseas

Quemaduras en la piel

La probabilidad de que te caiga un rayo en un año es de 1 en 700.000

La probabilidad de que te caiga un rayo en toda tu vida es de 1 en 3 mil

Más del 80% de las personas sobreviven al impacto de un rayo



Lám

Los rayos, las auroras de lo de televisión materia que n gaseoso. Ese e

Cuando caen r entre las nubes que hacen que vuelvan muy bu electricidad: se



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TABLE 126-4 Complications Associated with Lightning Injuries

| System | Injury |
|----------------|---|
| Cardiovascular | Dysrhythmias (asystole, ventricular fibrillation/tachycardia, premature ventricular contractions), electrocardiographic changes, myocardial |

Lightning Injuries: Prognostic Signs for Death

Mary Ann Cooper, MD
Omaha, Nebraska

| | |
|---------------|--|
| | chorioretinitis, retinal detachment, hyphema |
| Otologic | Tympanic membrane rupture, temporary or permanent deafness, tinnitus, ataxia, vertigo, nystagmus |
| Renal | Myoglobinuria, hemoglobinuria, renal failure (rare) |
| Obstetric | Fetal death, placental abruption |
| Miscellaneous | Secondary blunt trauma, compartment syndrome, disseminated intravascular coagulation |

Table 2
LIGHTNING INJURIES

| | No. Patients | % |
|-------------------------------|--------------|----|
| Loss of consciousness | 54/61 | 72 |
| Cardiopulmonary arrest | 17/58 | 30 |
| Cardiopulmonary resuscitation | 12/17 | 70 |

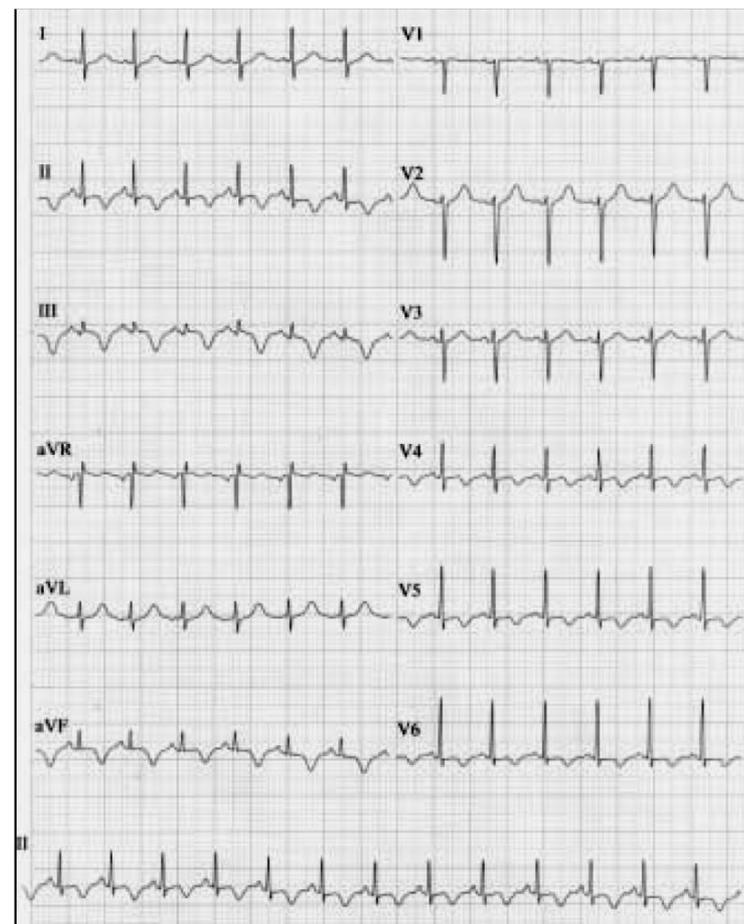


Table 3.5 Pulmonary injuries

| | Immediate uncommon | Immediate very rare |
|----------------------|--------------------|---------------------|
| Blunt injury | X | |
| Contusion | X | |
| Hemoptysis | | X |
| Pneumomediastinum | | X |
| Pulmonary edema | X | |
| Pulmonary hemorrhage | | X |

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Neurological injuries.

| <i>Grupo</i> | <i>Caracteristicas</i> | <i>Ejemplos</i> |
|--------------|--|--|
| Grupo 1 | Sintomas Inmediatos y transitorios. | Perdida de la conciencia, amnesia, confusión, keraunoparálisis, debilidad, dolor de cabeza |
| Grupo 2 | Sintomas Inmediatos y prolongados / permanentes | Hemorragia intracraneal, Infarto cerebral, Encefalopatía hipóxico-isquémica, síndromes cerebelares |
| Grupo 3 | Síndromes neurológicos posiblemente tardíos | Desórdenes del Movimiento |
| Grupo 4 | Trauma secundario, relacionado a caídas o explosión. | Ruptura timpánica, trauma relacionado a caídas o explosión. |

Keraunoparalysis.

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journal homepage: www.elsevier.com/locate/epsr



Keraunoparalysis and burning thatch: A proposed explanation for severe lightning injuries reported in developing countries

Daniel E. Villamil^{a,*}, Norberto Navarrete^b, Mary Ann Cooper^c

Table 3
NEUROLOGICAL SIGNS IN
LIGHTNING INJURY

| Neurological Signs | No. Patients | % |
|---------------------------|---------------------|----------|
| Paralysis | 20/29 | 69 |
| Leg paralysis | 20/29 | 69 |
| Arm paralysis | 11/29 | 30 |
| Loss of consciousness | 54/61 | 72 |
| Confusion/ Amnesia | 24/28 | 86 |



Table 4
LIGHTNING BURNS

| Burns | No. | % |
|--------------------------|------------|----------|
| Location of burns | | |
| Head | 24/54 | 44 |
| Trunk | 36/54 | 66 |
| Arm | 16/54 | 30 |
| Leg | 30/54 | 55 |
| Multiple burns | 34/54 | 63 |
| Single burns | 14/54 | 26 |
| No burns | 6/54 | 11 |
| Not reported | 12/66 | 18 |





Severe Rhabdomyolysis Without Renal Injury Associated With Lightning Strike

Norberto Navarrete Aldana, MD



Most common medical effects.

- Chronic pain syndromes
- **Post-concussive syndrome**
Inability to multi-task, remember, learning disabilities
- Family / work difficulties
- Re-integration / re-entry into employment

TABLE 5-3 Learning Deficits in Lightning Survivor

| Findings | % |
|-------------------------------------|----|
| Memory and Learning Deficits | |
| Globally | 19 |
| Visual | 35 |
| Visuospatial | 38 |
| Auditory | 62 |
| Other Deficits | |
| Verbal learning | 54 |
| Verbal fluency | 46 |
| Concentration | 46 |
| Attention | 42 |
| Executive function | 38 |
| Reduced executive speed | 62 |

Lightning deaths in Colombia.

| SITE OF DEATH | FREQUENCY | % |
|------------------------------------|------------|-------------|
| Hospital or Clínicas | 35 | 4.6% |
| Township or village health centers | 5 | 0.6% |
| Home | 268 | 35.4% |
| Working place | 152 | 20.1% |
| Public road | 98 | 12.9% |
| Others | 175 | 23.1% |
| Unknown | 24 | 3.2% |
| TOTAL | 757 | 100% |

| | |
|------------|-----|
| Antioquia: | 172 |
| Cauca | 71 |
| Santander | 55 |
| Bolivar | 45 |
| Boyaca | 41 |



In 757 deaths by lightning,
592 people (78.2%) die **without** medical
attention.





Cardiac arrest: Asystole.

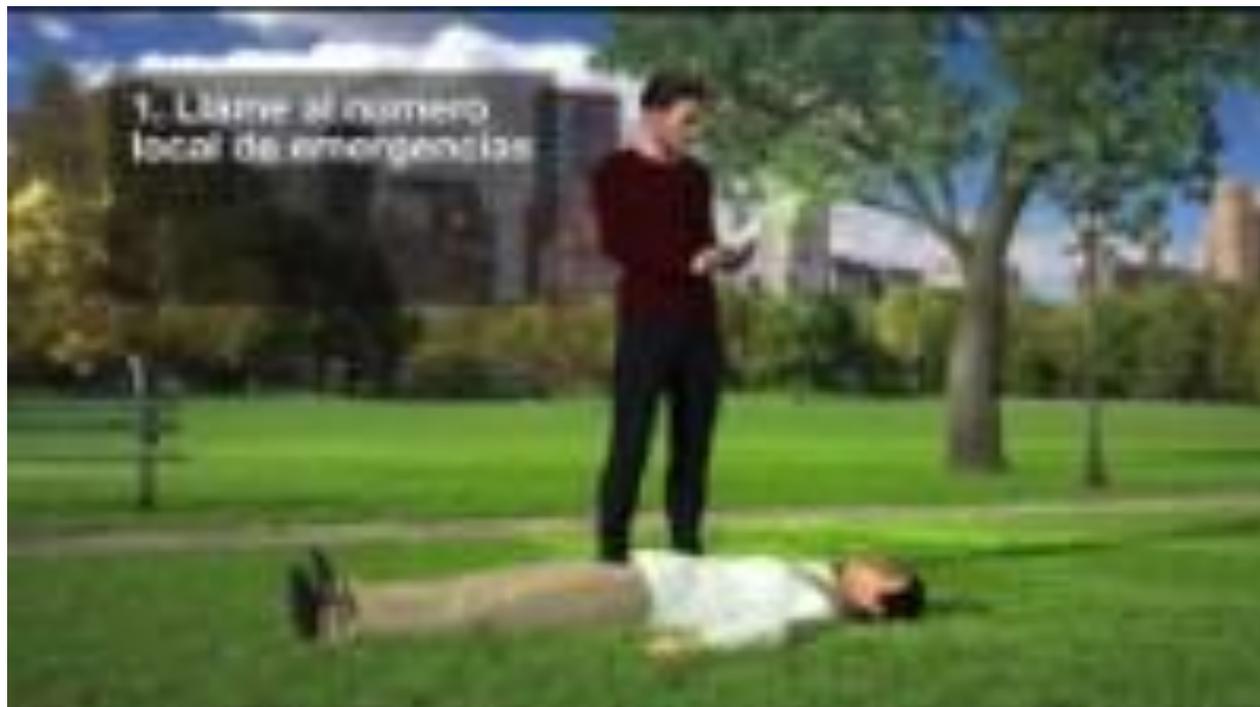
- . CPR
- . Respiratory arrest.
- . 2nd cardiac arrest from hypoxia.

Modified triage

Caution with the pupils!!



Adult OHCA Chain of Survival



ii Prevention !!



**When Thunder
Roars,
Go Indoors!**

STOP all activities.

Seek shelter in a substantial building
or hard-topped vehicle.

Wait 30 minutes after the storm to
resume activities.

 www.lightningsafety.noaa.gov 

“Un rayo me quitó a mi mujer y a dos de mis hijos”

Imprimir |

Enviar |

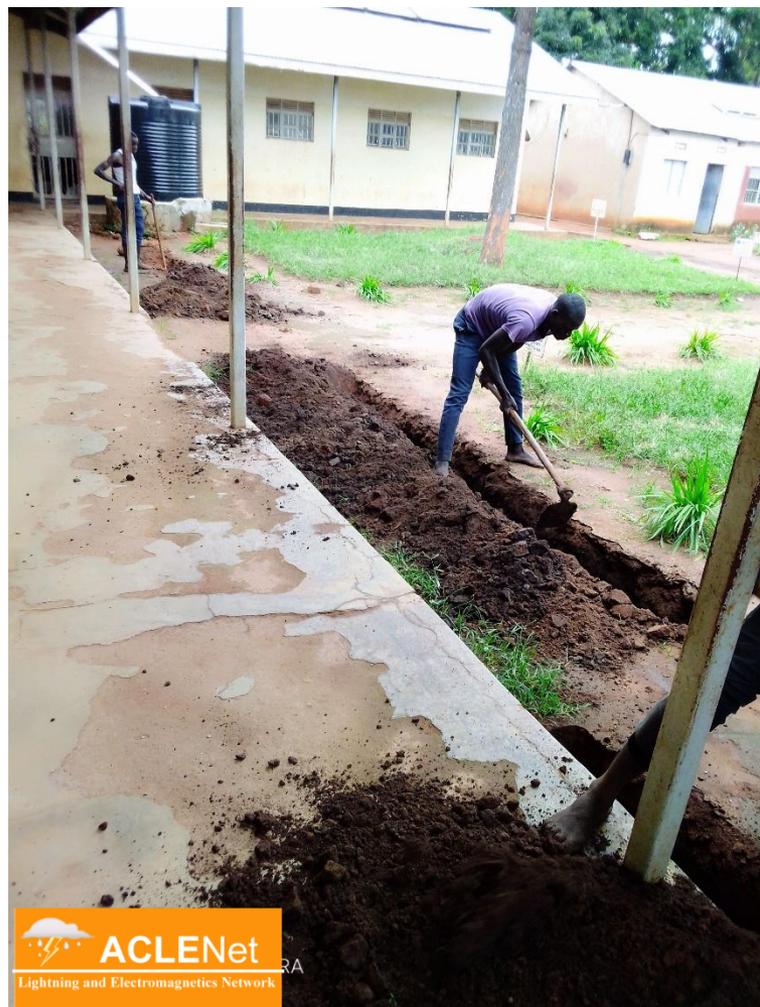
Regístrate para comentar |

Anterior



Eduardo García

La descarga eléctrica ingresó por la palma e incendió el pequeño rancho.



Academic project



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Asociación Colombiana de Especialistas
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**Hospital
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